



Southend Hockey Club



Traveling guidelines 2020/2021

Information for players and parents for away games

Traveling is a big part of hockey with home/away games. Southend Hockey Club have come up with guidelines for players and parents to follow and to help in these abnormal times.

- If possible, you should travel on your own or in your bubble or household group.
- Avoid using public transport unless necessary to do so.
- You should try not to share a vehicle with those outside your household or social bubble. If you need to do this, try to:
 - Share the transport with the same people each time
 - Keep to small groups of people at any one time. Three being the maximum
 - Open windows for ventilation.
 - Travel side by side with space or behind other people, rather than facing them, where seating arrangements allow.
 - Face away from each other.
 - Consider seating arrangements to maximise distance between people in the vehicle.
 - Clean your car between journeys using standard cleaning products - make sure you clean door handles and other areas that people may touch.
 - Driver and passengers to wear a face covering if ventilation is not accessible.

Mel Lamb

Chairperson

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Gail Swain

Ladies Club Captain

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Luke Danbrook

Men's Club Captain/COVID Officer

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